



Comfortland Elbow Splint

Fitting Instructions

Note: Your practitioner is familiar with your specific medical condition and is using this product as part of your total care. Make sure to follow their directions exactly, even if they do not match the directions below.

1. Insert your arm in side of the splint, making sure that the closure straps face away from the body. Position so that the elbow is centered inside of the splint. If properly positioned, the plastic stay inside the splint should be on the top of the arm.
2. Wrap the closure straps around and attach via the Velcro provided. Make sure that the brace fits snug and little movement is experienced. Tighten and re-adjust as needed.

1



2



Cleaning and General Care:

Wash in cold water with mild detergent. Air dry. Do not dry clean, iron, or bleach.